

### Questions to ask your Insurance Provider

1. Do I have out of network (OON) mental health benefits?
2. What is my deductible
3. What percentage do you cover once the deductible (if you have one) is met?

Can you share your reimbursement rates for the following CPT codes

90791: initial assessment

90834: individual psychotherapy (45 minutes)

90837: individual psychotherapy (53 and above)

90846: family counseling (patient not present)

90847: family counseling (patient present)

Do I have a limit on the amount of sessions?

Are there any ICD-10 codes you will not cover